



Lotterywest Certificate Presentation

Zonta House has been awarded a Lotterywest grant of **\$385,952** towards the cost of renovations and Information Technology at our new Head Office located in Willetton. The purchase of the building was made possible by a generous donation from Lois Goodram and is set to officially open in March 2018.



Hon. Simone McGurk MLA attended the premises to present Glenda Scott Chairperson and Kelda Oppermann CEO with our Lotterywest Grant Certificate.

Zonta House **Chairperson, Glenda Scott** said “this grant and commitment from Lotterywest is testament to the significant growth of the organisation in the past 4 years. We are looking forward to the next chapter of the Zonta House story and continuing to provide high quality services to women and their families in Western Australia who have experienced, or are at risk of experiencing family and domestic violence”

Zonta House **CEO, Kelda Oppermann** said “we are thrilled to have our very first head office and improved IT systems which will benefit the women and children we support. Zonta House continue to build our capacity and improve our efficiency to provide the best possible services to the community.”

Thank you Lotterywest and the West Australian Community.



Head Office Renovations

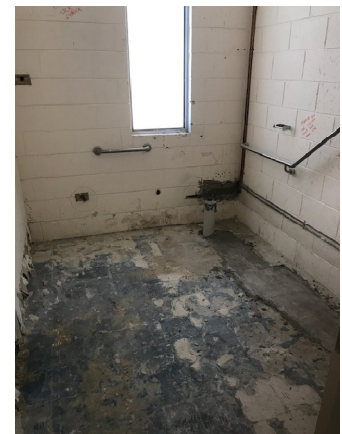
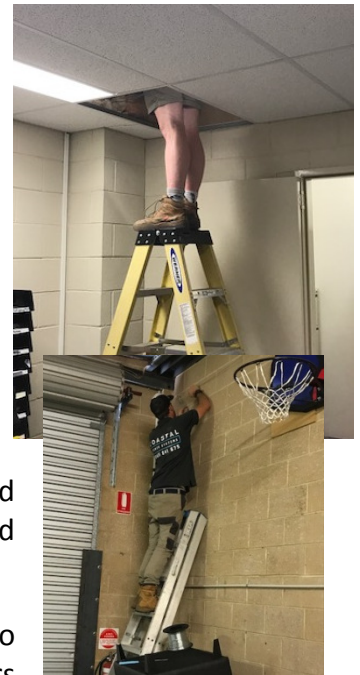
The 3rd October 2017 was a very significant day at Zonta House, as we officially started our Head Office renovations.

The first tradesmen on site were two electricians who started work on the new data cable installations for our IT equipment implementation, undertaken by IT Management Associates.

The renovations are being undertaken by Modus Property based in Cannington who earlier this year completed a corporate volunteering day and repainted the main areas of the Crisis Centre all in a day.

Modus moved in on the 16th October and started the demolition and what a difference a few days makes, the site was a hive of activity and the work is progressing well.

During the renovations Head Office staff will be moving to AMCAP who are based in Welshpool, with service delivery staff and project officers working from the Crisis Centre. We are hoping to be all moved back in to the refurbished office by the end of 2017.



AMCAP – home for a few weeks

Zonta House are so grateful to AMCAP for offering space in their Welshpool office for four of the Zonta House team. The move was quick, easy and we were back up and working with minimal down time.



A huge thank you to Jeff, Jason, Adinda, Hayley and all AMCAP staff for making us all feel so welcome and being so accommodating during the renovations.



“Like” us on Facebook! @zontahouserefuge

2017 Perth Chevron City to Surf

This year's Perth City to Surf was held on the 27th August and Zonta House had a great presence with a total of 34 team members across the 4km walk and 12km run.

New blue t-shirts were also debuted and we stood out in the crowd with our posters to raise awareness and support for Family and Domestic Violence.

It was a lovely warm day and the team was in great spirits.



The team marched over the finish line in little over 1 hour which was a great effort by all. The talk on the walk was to conquer the 12km walk in 2018!

A huge thank you to all of the team and their individual supporters for their amazing efforts - a grand total of \$5,740 was raised towards our unfunded projects.

Zonta House Linen Fundraiser 1st – 24th October 2017

Ella and Rachael from the office attended a free Crowdfunding workshop facilitated by Chuffed.org as part of this year's Social Impact Festival, and learnt how to raise money through their platform which gives 100% of the donations to the organisation.

Zonta House ran a "Linen Fundraiser" from 1st to 24th October in the hope of raising \$3,000 to fully refit the Crisis Centre with new linen – our biggest high turnover item.

The campaign was hugely successful with an amazing video produced by Xin Yi, Marketing Intern at the McCusker Centre for Citizenship UWA, we smashed the target with a grand total of \$3,605.00.



The campaign was shared 181 times and received 30 individual donations. The widespread reach of the campaign not only saw us reach and exceed our target but it also helped raise awareness for family and domestic violence and the work we do as an organisation within the WA community.

The \$605.00 over our target will be used to purchase the most in need linen items in our accommodation services.

You can review our campaign and watch the video here;

<https://chuffed.org/project/zonta-house-refuge-association-linen-fundraiser>



Fundraising

How can you help? You CAN make a difference!

Monetary Donations above \$2 are tax deductible. Donations go towards the provision and development of our services.

Donations can be made:

- * Via direct Bank transfer Bendigo Bank BSB: 633-000
Account Number: 150811941
- * Our website www.zontahouse.org.au
- * Post (Cheque or money order payable to Zonta House Refuge Association Inc)

Please contact us if you would like to chat to one of our team about donations, sponsorship options and our organisation.



Annual General Meeting

The 2017 Zonta House Refuge Association Inc. Annual General Meeting was held on 23rd October and hosted by **Grant Thornton** in West Perth. It was our largest AGM attendance for a long time with 22 attendees.

The AGM is an opportunity to celebrate the achievements of the organisation over the past financial year and present the 2016/2017 Annual Report to all members, staff and supporters.

A big thank you to Grant Thornton for their hospitality and **Impact Communications** for the amazing design of the report.



A copy of the Annual Report is available via our website www.zontahouse.org.au or via email in writing to info@zontahouse.org.au

Kind Words

Staff and volunteers at Zonta House are grateful for the opportunity to walk alongside the amazing, resilient women we work with and to be part of their journey. Every woman and child deserves to be safe and that is why we do what we do.



A woman who left our service recently wanted to say a HUGE THANK YOU to our team.

*"I saw a homeless man in the city and it broke my heart, if it wasn't for Zonta House I may have been in the same place, thank you" - *Sandra, client*

*Bani celebrated her birthday recently, her case manager put on a morning tea in the garden to celebrate her special day. Bani said *"this was the best birthday ever!"*



*"Dear Angie, thank you for your support, kindness, courtesy and respect you have shown me as your client at Zonta House! I love your energy! Your knowledge! and expertise! Your enthusiasm and passion you deliver in your position at Zonta, I will always remember you" – *Paula, client*



Wonderful Gifts

The **Baha'i Community of Cockburn** is one of our ongoing community supporters, 15 of these wonderful makeup gift packs were delivered to the Zonta House Head Office 💜

The packs will make lovely gifts to the participants of the upcoming Positive Pathways workshops.



CWA Baldivis Belles has donated six of their wonderful complete kitchen packs to Zonta House.

The donation came at a perfect time for one woman who was moving to her own home and needed everything to set up her new life. She was so overwhelmed with the amazing donation and no longer had to purchase these items. *"I have not had new tea towels in 20 years!"* This community support is fantastic, a huge thank you to Linda and all of the CWA Baldivis Belles.



RU OK? Day – 14th September

"Zonta House support the concept of RU OK? Day and encourage everyone to check in with family members, friends and colleagues. It is an important reminder for us all to stay connected and have meaningful conversations every day." - Kelda Oppermann CEO.

In support of this year's RU OK? Day Zonta House recorded a short video featuring some of our staff and students which talks about the correct language to use when asking a friend, colleague, family member "RU OK?"

The video was uploaded to our Facebook page, was viewed 641 times and shared 16 times.





Positive Pathways

Positive Pathways Update

"I am now at a point that I am not only surviving but learning and becoming aware of what it is I have been through" – Positive Pathways Participant

Positive Pathways provides a wonderful holistic integrative approach that gives the women that attend a sense of community, purpose and hope. Participating in PP courses helps women feel valued and connected, lessening their feelings of isolation and loneliness.

Our second Semester at Positive Pathways has been wonderful, we have had very good retention rates for women attending and some of the women have completely altered the direction in their lives as a direct result of

attending our courses, which is truly moving to witness. One of our regular participants told us that she has enrolled in TAFE for next year and another has learnt to set healthy boundaries with her

extended family which has been an ongoing issue for a very long time. We had new facilitators come on board this Semester, **Lisa Longman from "The Young Boxing Woman Project"**, Lisa facilitated 90 minute sessions with our participants each week as part of our Keeping Safe program. The women loved the boxing component, one participant commented that she didn't realise she had any fight left inside her and the boxing had brought that out. We also had a fitness Instructor **Karen Smith**

who facilitated a session as part of the Women's Wellness series, the participants each went home with a Yoga Mat and a range of exercises

they could do on their own without venturing to a gym.

We have had our regular presenters continue to support our program this Semester. We cooked up a storm with **Glenda** from **Red Cross** and the women all took home an abundance of food and healthy recipes that they were confident to cook on their own. The wonderful **Di Wilcox** from **Make a Difference WA** presented 2 Magic Coat courses and 3 Parenting Workshops these were all a roaring success and we received fantastic feedback from both the children and mothers who attended. We had visits from **Alison** from the **Women's Law centre**, **Calvin and Christie** from the **Victim Support Unit** and **Sharyn and Zoe** from **Safer Pathways**, they were all a part of our very popular Keeping Safe Program.

We have been very blessed to have the **Salvation Army** hosting us this Semester whilst our head Office is getting a refit, in particular the fabulous Barbara, Tina and Sharon. From 2018 we will be back at our Head Office in a purpose refurbished facility which is very exciting.

We are earnestly looking forward to the PP 2018 Program and we wish all of our past and present clients, facilitators and referral agencies a Happy and Peaceful Festive Season.

Vanessa



INHALE
COURAGE
EXHALE
FEAR



ONE DEATH IS TOO MANY!



The Women's Council for Domestic and Family Violence Services (WA)
invites all community members to attend the

27th Annual Silent Domestic Violence Memorial March

To honour all those who have lost their lives as a result of domestic & family violence

Friday, 17 November 2017

Supreme Court Gardens (cnr Barrack St and Riverside Drive)

Free morning tea and information stalls

MC - Verity James

Welcome to Country - Doolann-Leisha and Walter Eatts

Didgeridoo - Samuel Pilot-Kickett

Guest Speaker: The Hon Simone McGurk MLA,

Minister for Prevention of Family and Domestic Violence

For further information contact Carolyn at: 9420 7264 or carolyn@womenscouncil.com.au

View our website at www.womenscouncil.com.au

