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Christmas 2018 – Our most successful yet!

The support we received from individuals, organisations, community groups over the Christmas period was amazing.

During the festive period Zonta House supported **130** women and **150** children plus we were able to support 5 other organisations with food and gifts for individuals and families. Our dedicated staff worked tirelessly to make Christmas special for so many.

A special thank you to our supporters who's generous support of toys and food hampers helped so many women and their families this Christmas. *For a full list see back page.*

Zonta House hosted a Christmas Day lunch at the Crisis Centre, this was a huge success and was attended by over 30 women.



"I would like to take this opportunity to thank you and your management for organising Christmas treat at Zonta House. The lunch and the entire vibe was amazing and it was good break that we all needed.

I am grateful of Zonta for spreading smiles and bringing women like us to forget about our sorrow for once and have good time.

Ps. We loved the Christmas gifts, please extend our regards to our secret Santa" – Anonymous.

The staff enjoyed lunch at The Esplanade in Fremantle to celebrate another year of supporting the incredible women we walk along side on their journey.



Curtin University Award

Zonta House has been awarded the **“Student Excellence Award for Organisation Excellence in Social Work Field Supervision”** at the Curtin University School of Occupational Therapy, Social Work and Speech Pathology Prize Giving Ceremony.

This award is one that we are so proud of and extremely honoured to receive. Organisations are nominated by the students and decided upon by the lecturers.

Last financial year Zonta House hosted 22 students who were studying a range of courses at both University and TAFE. We are so fortunate to have the most passionate and capable students who finish their placements as part of the family and in the majority of cases come back as a staff member at Zonta House.

The award was one of many given out and our very own superstar Rachel received the award for "Highest Mark in Violence, Abuse and Trauma". Congratulations to Rachel for her hard work and dedication.



28th Annual Silent Domestic Violence Memorial March

Zonta House along with over 1,000 other people took part in the 29th Annual Silent Domestic Violence Memorial March on 23rd November.

This year roses were placed on coffins of all of the victims women, children and men who were victims in WA. It was an extremely moving morning with a survivor of domestic violence bravely telling her story of survival to the hundreds.

The march took place through the streets of the CBD and were honoured to walk behind survivors, our peers and other community members. Angie, Service Delivery Manager was interviewed on Hit 92.9 to discuss the importance of keeping the conversation going that violence against women and children is not ok, is preventable and is a collective community issue.



The silent march is to honour all those who have lost their lives as a result of domestic and family violence in the past 12 months. It was an opportunity to join other agencies to walk in silence through the CBD.

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Do you follow Zonta House on Instagram?

@zontahouse #zontahouse

Fundraising

How can you help? You CAN make a difference!

Monetary Donations above \$2 are *tax deductible*. Donations go towards the provision and development of our unfunded programs and services.

Donations can be made:

- * Via direct Bank transfer
Bendigo Bank BSB: 633-000
Account Number: 150811941



- * By Credit Card
Please visit www.zontahouse.org.au and head over to the Donations page.

Please email accounts@zontahouse.org.au to obtain your receipt for tax purposes.

Please contact us if you would like to chat to one of our team about donations, sponsorship options and our organisation or just want to find out more of how YOU can help.

16 Days of Activism – 16 Days in WA

25 November 2018 is the International Day for the Elimination of Violence against Women and marks day one of the 16 Days of Activism.

To end violence against women, we need to challenge the attitudes that perpetuate, rationalise and normalise that violence, and deny women's right

to safety. This year Zonta House was invited to the **Office of the Premier and Cabinet** to take part in a morning tea and event hosted to discuss the effects of Family and Domestic Violence and for the staff to learn where to seek help and assistance and to find out what services are available. Angie, Service Delivery Manager and Kelda, CEO conducted a Community Awareness session at the **State Solicitors Office** in the CBD. Almost six per cent of women in Western Australia report having experienced violence (physical and/or sexual violence) in the last 12 months in comparison with the national figure of 4.7 per cent. Family and domestic violence is grossly underreported and national data indicate around one woman a week is killed by her current or former partner.



Kelda, CEO was invited to speak at **The ChemCentre** to over 90 people at there 16 Day of Activism Morning Tea, collectively Zonta House delivered Community Awareness Sessions during November and December to 3,800 people



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Positive Pathways
A Zonta House Women's Refuge Initiative

Positive Pathways Update

It has been a busy period since the last Positive Pathways workshop in December of 2018.

January is always a time to re-evaluate and prepare for the Year ahead and Vanessa has been eagerly working on the new Timetable and organising some amazing speakers and bonus workshops to add to the already jam packed Calendar.

The first semester for 2019 kicks off on February 13th. We have some incredible new courses beginning this Term, including **Yoga and Sound Therapy**, Building Healthy Connections and Art and Play.

The new **Art and Play** course facilitated by Holyoake, is for Mothers and their children and will be taking place during the first and second week of the April School Holidays.



Building Healthy Connections is also new to the timetable with a strong focus on the characteristics of respectful relationships.

For any more information or to receive a copy of the Positive Pathways February to June timetable please email admin@positivepathways.com.au

Future Employment Connections for Multicultural Women (FEC) Program Update

The Zonta House “Future Employment Connections for Multicultural Women” program was developed in 2018 to provide individualised and comprehensive support in education and employment for women in our accommodation services.

The purpose of the program is to empower the resilient and courageous women, provide them with practical assistance and pathways to achieve their own unique goals. This is done through one on one support and group workshops. Of the 18 women supported in the first year, the program has resulted in:

- ✓ 8 partnerships with organisations for volunteering & employment opportunities.
- ✓ 8 women successfully sourced employment
- ✓ 4 women are studying full time and have secured volunteering positions.
- ✓ 8 women are still engaged in the FEC program with ongoing support.

We are so proud of the women and their success!

“Today I feel much stronger. Today I can say I have HOPE.” – Shreya FEC Participant

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Events



<http://www.ifv-per.aventedge.com/>



**International Women's
Day | Friday 8th March 2019**

#Balanceforbetter
www.internationalwomensday.com

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NATIONAL VOLUNTEER WEEK
Making a world of difference
20-26 May 2019

www.volunteeringaustralia.org



RECONCILIATION
AUSTRALIA

National Sorry Day | May 26th

<https://www.reconciliation.org.au/>



25th – 26th May 2019

Busselton to Perth
250kms over 2 days

www.rideagainstdomesticviolence.com

Thank you to the following organisations for their generous support over the festive period;

Canning Vale Primary School
CWA Baldivis Belles
CWA Bedfordale
Carol Bryant
Austal Fisheries
KPMG
Main Roads Heavy Vehicle Department
Dinner Twist
City of Canning
Rossmoyne IGA
JBL Group
Christmas Cheer Box
Lions Club of Dalwallinu
Golden Wattles
Zonta Club of Northern Suburbs
Melville Glades Golf Club
Nations Church
Mount Pleasant Baptist Church
Share the Dignity Perth
Ray White Cannington
DM Civil
JBL Group
Melville Cockburn Chamber of Commerce

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