

# Empowerment Through Education

Tailored workshops to prevent, recognise and respond to family and domestic violence.



### Workshops

#### No to Violence "Everyday Conversations" - 3 hours

This primary prevention training unpacks the gendered drivers of family violence, explores how gender inequality is reinforced through ordinary interactions, and how we can all contribute to social change.

This workshop is aimed at organisations, corporate HR & leadership staff, and other agencies or businesses wanting to improve knowledge and practical skills for having "Everyday Conversations" about FDV. It is also for all members of the general public interested in making a change in their communities.

### **Everyday Response - 3 hours**

For all members of the general public interested in recognising, responding and referring someone who is experiencing FDV.

This workshop is also suitable for community groups, businesses, human resources, government and non-government agencies to understand the complexities of FDV in order to support their clients, staff, friends and family.

### Response in Practice - 2.5 to 3 hours

This workshop aims to strengthen front line workers specialist knowledge and skills. Using 'Response-based Practice' principles, this workshop will explore resistance as a response to FDV when assessing client risk and safety.

This is accomplished through using standardised risk assessment and safety planning tools by focusing on the importance of recognising risk indicators and their relevance to safety planning.

## What is Family and Domestic Violence

Family and domestic violence (FDV) is when someone intentionally uses violence, threats, force, or intimidation to control or manipulate a family member, partner, or former partner. Zonta House believes that everyone has a part to play in addressing the violence.

Our workshops cover primary intervention, early intervention and crisis support.



For more information or to arrange a tailored workshop please contact our Training Coordinator or complete the Workshop Enquiry Form on our website www.zontahouse.org.au



#### **Pauline Thomas**

training@zontahouse.org.au 0423 754 064

Existing understanding and knowledge of FDV is a pre-requisite for this course.



