



October 2021

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Empowerment Through Education

Zonta House are excited to announce our new program "Empowerment Through Education". This program currently funded by Lotterywest, aims to increase awareness and improve responses to family and domestic violence by providing training to community groups, human resources, government and non-government agencies to understand the complexities of FDV in order to support their clients, staff, friends and family.

The workshops cover primary intervention, early intervention and crisis support with all training to include components of the provision of practical actions that participants can do to prevent FDV, support accountability for perpetrators and increase safety for victim survivors.

There will be 3 separate workshops offered;

- Everyday Conversations – 3 Hours
- Everyday response – 3 Hours
- Response in practice – 3 Hours



November begins the 16 days of activism against gender-based violence. Consider choosing to host an education program for your business leaders and staff so that they can learn to "RECOGNISE, REFER and RESPOND".

All training will be offered face to face and we will come to you. **Minimum and maximum numbers of participants will apply.*

For more information or to contact us for a quote please email training@zontahouse.org.au or enquire via our website <https://zontahouse.org.au/services/empowerment-through-education/>



16 Days in WA – Together we can make a difference

16 days in WA, now in its fifth year runs from 25th November (International Day for the Elimination of Violence Against Women) through to December 10th (Human Rights Day) each year. The campaign takes its inspiration from the global 16 days of Activism against Gender-Based Violence.



Zonta House will be participating in many events during the 16 days, and we encourage all supporters to find and attend an event near you. If you would like to book Zonta House to speak at or attend an event please email info@zontahouse.org.au

More information can be found <https://www.wa.gov.au/organisation/department-of-communities/16-days-wa>

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Women's Safety Summit 2021

Zonta House was privileged to be nominated as a WA delegate attending the Women's Safety Summit 2021, a two-day program and a series of roundtables that will form part of the consultation for the next National Plan to end family, domestic and sexual violence against all women and children.

Anna Scott Acting CEO was invited by Senator Anne Rushton to take part in the roundtables discussing Service Delivery Reform and innovation and measuring success.



"For years we have been working within systems that do not provide safety, healing and recovery for all women and children. We have all of the answers but it is now time for action." - Anna Scott

Zonta House would like to recognise all victim survivors of family, domestic and sexual violence, honor their strength, courage and resilience. **We see you and we hear you.** You can find details of the Statement here <https://bit.ly/2X2nZpl>

Senator Dorinda Cox – “Making History”

A huge congratulations to Senator Dorinda Cox on her recent appointment making history as WA's first Aboriginal female Senator.

CEO Kelda Oppermann and Service Delivery Manager Anna Scott, along with the First Nations community were proud to walk alongside Dorinda Cox as she walked from Kaarta Gar-up (Kings Park) to Parliament house on September 14th. A smoking ceremony took place at the steps of Parliament House, along with the handing of a Bookah cloak from Elders.

"My appointment as WA's first female Aboriginal Senator is more than just a signal of our progressing times, it is recognition that Aboriginal people have a voice, not just because we deserve it, which we do, but because we need to challenge the systems that hold us back." - **Senator Dorinda Cox**



"It was an honour to be part of such a powerful event and I am excited to see the contribution Dorinda will make to the leadership of this country" – **Kelda Oppermann CEO**

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Highlight on Family and Domestic Violence

What is Coercive Control?

A pattern of behaviours used to intimidate, humiliate, surveil and control another person, ultimately robbing victims of autonomy.

Signs can include:

1. Isolating you from your support system
2. Monitoring your activity through the day
3. Denying your freedom
4. Gaslighting
5. Name-calling and putting you down
6. Controlling aspects of your health and body

At Zonta House, **75%** of women reported being isolated from family, friends and other supports, where **88%** of women reported being controlled.



"What has happened since the coercive control debate is that many people are saying they did not know what they were experiencing was domestic violence" - Brad Chilcott, White Ribbon Executive Director.

We must do more to stop the violence. **Family and domestic violence is preventable.**

Christmas 2021

Can you support Zonta House this Christmas spread the joy?

Each year Zonta House support women and their families who are in our services. We will be collecting gift card vouchers, food items and gifts for women to help spread the festive joy.

Are you in a position to arrange a collection at your workplace, community group or with your friends and family? We would love to hear from you.

Keep an eye on our social media channels for copies of the flyers or email ekent@zontahouse.org.au to discuss coordination of your donation and to get a copy of the flyers.



We will be once again looking for volunteering groups to assist with sorting the donations, if you would like to help please get in touch.

Donations will be accepted from 1st December through to 12th December 2021.

Final donations are required to be delivered to our Head Office no later Monday 13th December to give the team time to have the items sorted and distributed.

For OHS reasons all food hampers must be less than 10kgs, all gifts are to be delivered unwrapped for security and suitability purposes.

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Domestic Violence Memorial Marches



The Midland March That Matters

There is no excuse for abuse

Thursday 25th November 2021

The Swan Family and Domestic Violence Network
would like to invite you to join
The Midland March That Matters

When: 11.30am-1.30pm Thursday 25th November 2021

Where: Juniper Gardens (behind Midland Dome) - enter from
The Crescent or Cale Street

What: A community event with entertainment and information
stalls, a short March starting at 11.45am, followed by guest
speakers and a free sausage sizzle.

For more details contact Kristy on 6164 0480.



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Save the date...

**31st Annual Silent
Domestic
Violence Memorial
March**

Tuesday, 7th December, 2021

Forrest Chase, Perth

Stalls 10am - 11am

Rally 11am - 12pm

March 12pm - 1pm

Contact Renee on info@csw.com.au
or 9420 7264 for more information



**CENTRE FOR
Women's Safety
and Wellbeing**