



Zonta House Refuge Association

Safe Supportive Respectful

Crisis Support Services

Emergency Assistance:	000
Police:	13 14 44
Lifeline:	13 11 14
Suicide Call Back Services:	1300 659 467
1800 Respect:	1800 737 732
Crisis Care:	08 9223 1111
Mental Health Emergency Response: ..	1800 555 788
Qlife:	1800 184 527
Eheadspace:	1800 650 890
CPFS Central Intake Team:	1800 273 889

For more information contact us at

Phone: 1800 870 149
Email: info@zontahouse.org.au



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www.zontahouse.org.au



Empowerment Through Education

Empowerment Through Education

is a Zonta House initiative aimed at increasing public awareness of Family and Domestic Violence.

What is Family and Domestic Violence?

Family and domestic violence (FDV) is when someone intentionally uses violence, threats, force, or intimidation to control or manipulate a family member, partner, or former partner. Zonta House believes that everyone has a part to play in addressing FDV.

The Empowerment Through Education program provides a range of professional development opportunities to community members, family and domestic violence practitioners, government and non-government organisations, sporting, cultural and other community groups. The educational emphasis is to prevent, recognise and respond to family and domestic violence.

The program uses strength and response-based principals in its workshops and recognises everyone can play a part in the prevention and reduction of Family and Domestic Violence.

The program focuses on delivering a variety of workshops for learning outcomes in:

- Foundational understandings of the gendered drivers that underpin Family and Domestic Violence.
- Practical skills development in recognising and responding to someone disclosing family and domestic violence.
- Strengthening best practice, knowledge, and skills for frontline workers.
- How participants can contribute to social change and a safer community.

To register for upcoming workshops or to enquire about an exclusive training package for your organisation or business please contact

email: training@zontahouse.org.au

