



Positive Pathways

Towards a brighter future

Crisis Support Services

Emergency Assistance: 000
Police: 13 14 44
Lifeline: 13 11 14
Suicide Call Back Services: 1300 659 467
1800 Respect: 1800 737 732
Crisis Care: 08 9223 1111
Mental Health Emergency Response: ..1800 555 788
Qlife:1800 184 527
Eheadspace: 1800 650 890
CPFS Central Intake Team:1800 273 889

For more information on Positive Pathways

Phone: 1800 870 149
Email: admin@positivepathways.org.au



PO Box 3072, Shelley, WA 6148
Ph: 1800 870 149
www.zontahouse.org.au



Positive Pathways

Positive Pathways is a unique program providing specialist response to victim-survivors of Family and Domestic Violence in the Perth metropolitan area.

The program was developed in 2013 by Zonta House based on identified need, community gaps and research. The uniqueness of the program and its outcomes remain one of its kind in Western Australia.

The objective of the program is to focus on the recovery, safety and wellbeing of women.

The program develops and delivers a series of free educational workshops aimed at nurturing self-esteem, fostering social inclusion, increasing communication skills, providing practical coping strategies and promotes empowerment and economic independence.

"I will get through this and I'm more determined and have more will power than I give myself credit for."

"Has taught me how to re-love myself again, how to value and accept myself. How to be more mindful of how I do things in my life."

"I learnt I can be happy and powerful."

Our Services

Educational Workshops

Holistic strategies and therapeutic approaches to supporting women in their healing journey

Interagency Case Management

Working with other agencies to provide support and referral options for women.

Community Awareness

Educating the community on the complexities of family and domestic violence, creating opportunities for intervention and prevention.

Safety & Wellbeing App

The Positive Pathways app was launched on iPhone and Android in November 2014 as a free download.

The app has a women's wellness façade but behind the help button, features potentially lifesaving facilities, which can be activated in a crisis situation.

The program hosts guest speakers and external organisations for women to engage with specialist services and supports if needed.

