



# Zonta House Refuge Association

Safe Supportive Respectful



Empowerment Through  
Education

Zonta House is committed to providing education to WA communities and workplaces in preventing and responding to family and domestic violence (FDV).

Our Empowerment through Education program provides a range of training opportunities for West Australians to improve their knowledge and skills in understanding and responding to family and domestic violence.

We are committed to focussing on primary prevention, early intervention and crisis response skills building. We believe anyone can be trained to recognise the signs of family violence and respond in a supportive manner.

We also recognise that individuals can play an important role in preventing violence and creating a culture of respect and equality within our communities.

With Zonta House's 40+ years of supporting FDV victim-survivors we also bring the opportunity for frontline specialist service workers to build their skills when doing risk assessing and safety planning with victim survivors.

*"This is by far one of the best (and most useful) workshops I have ever been to, and I truly believe that the skills I have learnt today will help someone out one day"*

- Participant Feedback

## Our three focus areas:



**Primary Prevention** – An awareness-building workshop designed to help prevent family and domestic violence. It is an opportunity for individuals to understand their roles in contributing to the cultural and societal change needed for preventing violence. This workshop is suitable for workplaces, community services, and individuals to participate. Available for workplace-tailored professional development.



**Early Intervention** – This workshop is designed to improve participants recognition of and responses to individuals who are experiencing family and domestic violence. It provides opportunity to learn skills to appropriately support a person's disclosure of FDV. This workshop is suitable for workplaces, community services, and individuals to participate. Also available for workplace-tailored professional development.



**Crisis Response** – This workshop is designed for capacity building of specialist frontline staff who use the WA State Government tools for risk assessment and safety planning (the CRARMF). It provides opportunity for organisations to increase staff expertise in recognising and supporting victim/survivors strengths and resistance and capturing perpetrator accountability. This workshop is suitable for frontline specialist service staff and teams.

All training workshops includes both practical and theoretical components to help prevent, respond to, and increase safety for people experiencing FDV.



# Crisis Support Services

Emergency Assistance: .....	000
Police: .....	13 14 44
Lifeline: .....	13 11 14
Suicide Call Back Services: .....	1300 659 467
1800 Respect: .....	1800 737 732
Crisis Care: .....	08 9223 1111
Mental Health Emergency Response: ....	1800 555 788
QLife: .....	1800 194 527
Eheadspace: .....	1800 650 890
CPFS Central Intake Team: .....	1800 273 889

To register for upcoming workshops or to enquire about  
an tailored training package for your organisation  
or business please contact:  
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