



Positive Pathways

Towards a brighter future



Positive Pathways Program

Positive Pathways is a unique specialist program offering an extensive range of supports for victims/survivors. It follows a workshop-based format, provided free of charge to all women.

Women can engage with Positive Pathways at any point in their journey, regardless of whether they are seeking to leave an abusive relationship or not. We recognise that women need different types of support at different times, and the best way to provide this support is through a flexible, coordinated and holistic system that adapts to their evolving needs.

Positive Pathways breaks down the barriers and challenges that victims/survivors often face when seeking information and support. Our program prioritises the well-being and security of women, offering a variety of workshops within a convenient one-stop shop format. This ensures that women can access the support they need without navigating multiple agencies.

We offer:

- Workshops that are educational, therapeutic, holistic and creative
- Inter-agency Advocacy & Referrals
- Coaching

Our workshops encompass education, skill-building, self-care, and fostering social connections, all within the context of FDV and trauma-informed practices.

Available all year round, Positive Pathways offers a mixture of half day, one day and weekly workshops which are informative, fun and interactive. We aim to create a safe and welcoming environment for women and children in the community who have experienced or are at risk of family and domestic violence.

This program provides much more than education – it is a holistic integrative approach looking at both physical and emotional-wellbeing, and practical life skills.

The program hosts guest speakers and external organisations for women to engage with specialist services and supports if needed.

“Positive Pathways has brought back my confidence. I now have belief in myself. I am living again, renewed.”

- Anonymous Client



Crisis Support Services

Emergency Assistance:	000
Non-urgent Police:	13 14 44
Lifeline:	13 11 14
Suicide Call Back Service:	1300 659 467
1800 Respect:	1800 737 732
Crisis Care:	08 9223 1111
Mental Health Emergency Response: ..	1800 555 788
Women's Domestic Violence Line:	1800 184 527
Headspace	1800 650 890
CPFS Central Intake Team:	1800 273 889

For more information on the Positive Pathways Program

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