



February 2020

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Christmas 2019

The Zonta House Head Office is back open for the start of 2020 after a small closure over the festive period. Our two crisis centres continued to operate 24/7 to support women in crisis.

December 2019 was a busy period for all of the team not only working to support women in our services and talking to new and existing donors who supported our **"12 days of Christmas Campaign"** the level of support received was outstanding. A record **46** individual monetary donations were received during the period which will go towards the funding of our unfunded programs.

Christmas Day at the crisis centre was attended by 30 women who enjoyed, gifts, food laughter and companionship, it was however an extremely emotional day.



"Thank you so much I just wanted to say a massive, massive thank you for all of the stuff I have been stressing about getting the kids Christmas presents and you guys have helped me so much you have no idea I'm forever grateful thank you again" – Safer Pathways client



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The team enjoyed a day together to reflect on the year that was 2019, with a joint art activity facilitated by Aboriginal Elder and Artist Neta Knapp.

Three dot painting canvasses were produced to be installed at our two crisis centres and at Head Office, followed by a picnic and games down at Shelley Foreshore to relax in the sun and share stories and achievements from the past 12 months.



International Women's Day

#IWD2020 #EachforEqual



International Women's Day (March 8) is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating women's equality.

International Women's Day (IWD) has occurred for well over a century, with the first IWD gathering in 1911 supported by over a million people. Today, IWD belongs to all groups collectively everywhere. IWD is not country, group or organization specific.

“

I am dedicated to supporting women in our organisation and in the community succeed and achieve their goals.

KELDA OPPERMANN, CEO



This year's theme is **“Each for Equal”** an equal world is an enabled world. Individually, we're all responsible for our own thoughts and actions – all day, every day.

We can actively choose to challenge stereotypes, fight bias, broaden perceptions, improve situations and celebrate women's achievements. Collectively, each one of us can help create a gender equal world. Let's all be **#EachforEqual**

“I will teach my children and grandchildren about Gender Equality and respect as a core value”- Sim, Support Worker

“I will contribute to the social change needed to prevent family and domestic violence and gender-based violence.” – Kelda Oppermann, CEO

“I can ensure to have the courage to speak up against discrimination” – Shaunna, Support Worker

How can you show your support not only on 8th March but all year?

- Post your #IWD2020 message on social media with your “hands out” equal pose for strong call-to-action for others to support #EachforEqual. Instagram, Facebook, Twitter, LinkedIn, YouTube and more so many social media platforms to promote your #EachforEqual pledges and messages.
- Research any events in your local area for International Women's Day and show your support and rally for change to help forge a more gender-equal world.
- Host a morning tea at your workplace, community group or with your friends and family to raise awareness and celebrate women's achievements.



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Community Awareness Sessions

Did you know Zonta House can offer Community Awareness sessions at your workplace or community group?

Our tailored talks can be arranged from 5 minutes to 30 minutes and can cover a variety of areas to suit your needs.

Does your workplace need to know more about how to identify the signs of family and domestic violence?

Are you looking for an organisation to support during 2020 for events or fundraisers?

Can you join us in collecting items for our crisis center call outs?



In the 2018/2019 financial year Zonta House attended 50 Community Awareness Sessions to 3,728 people.

We would love to hear from you. Please email info@zontahouse.org.au for more information on how to book your session, subject to availability of staff.



Do you follow Zonta House on Instagram?
[@zontahouse](https://www.instagram.com/zontahouse) [#zontahouse](https://www.instagram.com/zontahouse)

Fundraising

How can you help? You CAN make a difference!

Monetary Donations above \$2 are *tax deductible*. Donations go towards the provision and development of our unfunded programs and services.

Donations can be made:

- * Via direct Bank transfer
Bendigo Bank BSB: 633-000
Account Number: 150811941

- * By Credit Card
Please visit www.zontahouse.org.au and head over to the Donations page.

- * Does your workplace offer a “Workplace Giving” scheme?

Please contact us if you would like to chat to one of our team about donations, sponsorship options and our organisation or just want to find out more of how YOU can help.



Contact Us



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Positive Pathways Update



Positive Pathways has commenced for Semester one 2020.

This semester we have some of the regular workshops available free the Willetton Head Office.

Positive Pathways
A Zonta House Women's Refuge Initiative



There are a few "pop up" workshops throughout the semester including an art workshop hosted by Aboriginal Artist and Elder Neta Knapp to create pebble art and learn the symbolism that exists within Aboriginal art.

If you would like to register for any of the workshops or to find out more about Positive Pathways please email admin@positivepathways.org.au

The Positive Pathways referral form and Semester timetable can be found on the Zonta House website.

Positive Pathways Workshop Calendar

February 2020							March 2020							April 2020						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1	1	2	3	4	5	6	7				1	2	3	4
2	3	4	5	6	7	8	8	9	10	11	12	13	14	5	6	7	8	9	10	11
9	10	11	12	13	14	15	15	16	17	18	19	20	21	12	13	14	15	16	17	18
16	17	18	19	20	21	22	22	23	24	25	26	27	28	19	20	21	22	23	24	25
23	24	25	26	27	28	29	29	30	31					26	27	28	29	30		

May 2020							June 2020						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1	1	2	3	4	5	6	
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30				
31													

Keeping Safe	Yoga and Sound Therapy	Parenting Course	Finance
FDV Group Building Resilience	Building Self Esteem through Self Compassion	Art Therapy Mother and Child	School Holidays
Fostering Healthy Connections	Job Club	Understanding Trauma	PP Pop Up Classes

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Your Help WA – Have you signed the petition?

Right now, more than 500,000 Western Australians need support, care, and services from the community services sector for a vast range of reasons. That's enough people to fill eight Perth Stadiums.

450 community service organisations have united, and are calling on the Government to increase funding to the sector by 20 per cent to help meet the need for essential services in Western Australia. We need Your Help. Please like, follow and share @YourHelpWA #YourHelpWA

